

Scripture Memory



The spiritual discipline of memorizing passages of Scripture has been largely lost in today's culture, yet it was once a dominant part of church life. Jesus often quoted Scripture, demonstrating the priority of having it committed to memory. This one thing may have a greater impact than almost any other as we seek to have our minds transformed through God's Word. And it's a whole lot easier than we've been led to believe!!! One helpful hint: find a friend who will join you and practice together!

1

Write the passage out on note-cards that you will be able to carry with you (4X6 inch cards work well). While you can use your PDA or print it out from the computer, writing it with a pen will actually help jumpstart the memory process.

2

Read the cards every morning when you wake up and every night before you go to bed. Carry them with you so that you can read them on breaks at work, while working out, waiting in lines or riding to work etc.

3

Memorize one phrase at a time by repeating it over and over until it is 'set' in your mind. Then, memorize a second phrase, and once you've got it down, add it to the first, reciting both. As you continue to add phrases, always go back to the beginning and make sure you're able to repeat the entire passage up to that point.

4

Practice reciting all that you have memorized whenever you have a spare moment — as you go to sleep, or when you wake up at night, while shaving, showering or putting on your makeup. (keep the cards close by for reference.)

5

When you have the entire passage memorized, repeat it at least two or three times a day for a few weeks. After this, plan to review it at least once a week for a few months so you don't lose what you have learned.