



Read: The enormity of what took place when Christ breathed his last breath can only be suggested in an earthquake of a magnitude we cannot imagine. Read [Matthew 27:51-53](#) and imagine the crazy chaos that must have taken place, and the miracle of life some got to experience.

Have you ever taken the time to consider what your life might have held had Jesus not been willing to suffer such agony of body and soul? To give his life in exchange for yours? Read [Lamentations 3:22-26](#) as you process these thoughts. Read it again aloud, letting your heart feel the wonder of redeeming love. Choose a word, phrase or verse that captures your attention in this moment.

Think: Review the passage again and ponder the word or phrase that stands out to you. What do you see of God's nature in this? What do you see about his heart for people? For you? Turn this word or phrase over and over in your mind—gently, like a fragile treasure.

Pray: Ask the Holy Spirit to impart God's message for you from this passage. What is he inviting you to consider? To do? To know? Open your heart and ask him to write his love deeply within you.

Rest: Sit quietly with what you have heard or sensed or experienced. Let all other thoughts go, except the reality of God's presence here and now, with you. Let him love you. If it helps, play worship music in the background. If your mind gets distracted, gently whisper "I receive your love" or "I love you, Lord."

But as we gaze, it is not pity that we feel, but a profound reverence, for there on Calvary is the great turning point in the course of human affairs.

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